

SPIRITUAL ADOPTION

How to add meaning to your spiritual adoption

Choose a specific and meaningful day that will mark the beginning of your spiritual adoption, such as a saint's feast day, or a Marian feast day.

CHOOSE A DATE

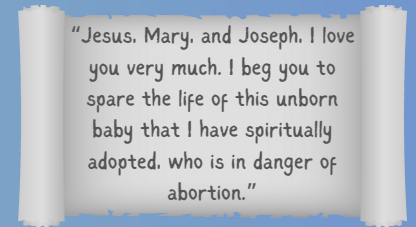


PICK A NAME

Ask the Holy Spirit to help you pick a name for your spiritually-adopted baby.

Pray the special spiritual adoption prayer created by Archbishop Fulton J. Sheen daily for nine months for a baby in danger of abortion.

SPECIAL PRAYER

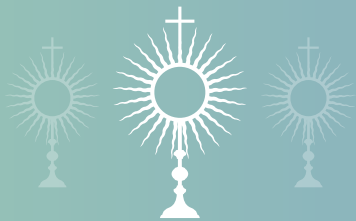


DAILY PRAYERS

Whenever you pray, day or night, add your spiritually-adopted child to your prayer intentions.

Along with your daily prayers, pray the Rosary or other devotions with the intentions of your spiritually-adopted child.

PRAY THE ROSARY



ADORATION

When you go to adoration, imagine your spiritually-adopted child is present with you, and pray for them specifically in that moment.

Whenever you are struggling and feel helpless, offer up your hardship to God in the name of your spiritually-adopted child. Remember that offering can be just as powerful as prayer.

OFFER YOUR HARDSHIPS



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"Jesus, Mary, and Joseph, I love you very much. I beg you to spare the life of this unborn baby that I have spiritually adopted, who is in danger of abortion."

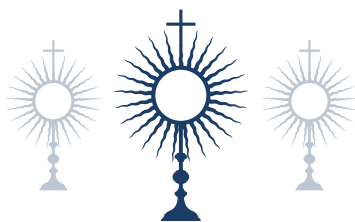


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